

RAIDER NEWS

W.D. RICHARDS ELEMENTARY SCHOOL

MARCH 2013



The Principal's Corner

Dear Richards Families:

Are you ready for spring? It has been a fairly mild winter but it is still exciting to know spring is just around the corner. Spring will be here soon so please encourage your children to dress appropriately for the changing weather. It is an easy time of year to forget coats and jackets with the cooler mornings and warmer afternoons. Please check lost and found in the cafeteria for missing items.

With spring right around the corner, it can be difficult to keep children focused on learning. What can you do to make school a top priority for your kids? Make attendance job #1. Let your children know that unless they're sick, they must go to school. Try to schedule routine dentist and doctor appointments after school hours. Encourage your children to eat healthy and get plenty of rest. Take family vacations during school breaks. You could also reward your kids for great attendance for the month with a "Job Well Done" certificate or a coupon good for a family fun night.

Our teachers and students have been working hard to prepare for ISTEP+ testing which will occur March 4 through March 13 (Applied Skills) and again April 29 - May 8 (Multiple Choice). Spring testing will cover current grade level standards and will measure what students know and are able to do at each grade level in core academic standards. We will also have IREAD testing in grade 3 on March 12. Having your children here on time and ready to learn on test days will certainly improve their performance on ISTEP+ and IREAD. Please make sure your children have a good night's rest and a nutritious breakfast especially during testing. Also, please try to limit routine doctor's appointments during testing times.

I would like to thank all of our players, cheerleaders, parents and coaches for an outstanding basketball season. The hard work and dedication by so many made the season fantastic. We also have many activities planned for the next few months to help your children grow and learn. Please check out the calendar for events coming in March.

Please feel free to call me at 376-4311 or stop by the office if you have questions, concerns, or comments. I enjoy talking with you at any time.

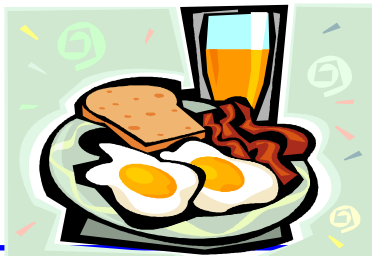
Mr. Sprong

Big Dreams + Hard Work = Success

WHAT CAN PARENTS DO TO HELP THEIR CHILD SUCCEED ON ISTEP?

Our third, fourth, fifth, and sixth grade students will be taking ISTEP+ March 4th-8th, and the second round will be April 29th-May 8th. Third grade will take I-READ on March 8th. While our Teachers are busy preparing the students the best they can at school, parents can play a vital role in preparing their child at home to do their absolute best on ISTEP. Here are a few tips on how you as parents can help:

- **Offer Perspective.** Remind your child that no one gets all answers correct on a standardized test.
- **Ensure a Good Night's Sleep.** Make sure your child is well-rested. It is recommended that children get 8-10 hours of sleep a night.
- **Be Prepared.** Have your child choose clothes the night before to avoid a last-minute rush in the morning. If your child wears glasses, make sure they have them clean and ready to go.
- **Prepare Meals.** Provide nutritious foods for your child's breakfast, lunch, and dinner.
- **Select Proper Clothing.** Have your child wear comfortable clothing. Consider layering clothes to avoid the student being too hot or cold during testing.
- **Provide Encouragement.** Encourage your child to have a positive attitude, and to do the best possible work during testing. Remind your child to tell him or herself, "I can do it!"
- **Be an ISTEP+ Coach.** Advise your child to read and to listen to all directions very carefully. Also, remind your child not to leave any blank answers. Even if the student is unsure of an answer, there might be some points earned for trying.



music education



ORCHESTRATING
SUCCESS

National Association for Music Education

**Music opportunities for Richards
students:**

- Grades K-6 learn musical skills of singing, playing instruments, improvising, composing, reading, listening, analyzing, and connecting with other content areas in weekly music classes
- 6th grade students may join the band
- 4th-6th grade students may join the choir
- 3rd-6th grade students may participate in strings classes provided by the Columbus Indiana Philharmonic
- 3rd-5th grade students take field trips to see live professional symphony performances
- 4th-6th grade students learn to play the recorder
- Grades K-6 participate in music performances each year

Feel free to contact Mrs. Lueken,
Richards music teacher @
luekenm@bcsc.k12.in.us, to find out
more about music opportunities for
your child

March is

**Music in Our
Schools Month**



Students who study music...

- Explore their own creativity and expression
- Connect with their community and cultural heritage
- Achieve in school
 - ✓ Students in music classes score higher on SAT tests (**research fact 27**)
 - ✓ Music students rank higher in reading and math (**research fact 36**)
 - ✓ Music students receive more honors in school (**research fact 58**)
 - ✓ Music students rank high in self-esteem (**research facts 32 and 44**)

Keep music education strong in your community! Find **research facts** and community action information at www.SupportMusic.com.

Super Saturday Raider Style



Girls crowned
champions



BCSC Elementary Basketball League

Super Saturday



Boys
crowned
champions



Academic Award Winners

Ashlynn Perry



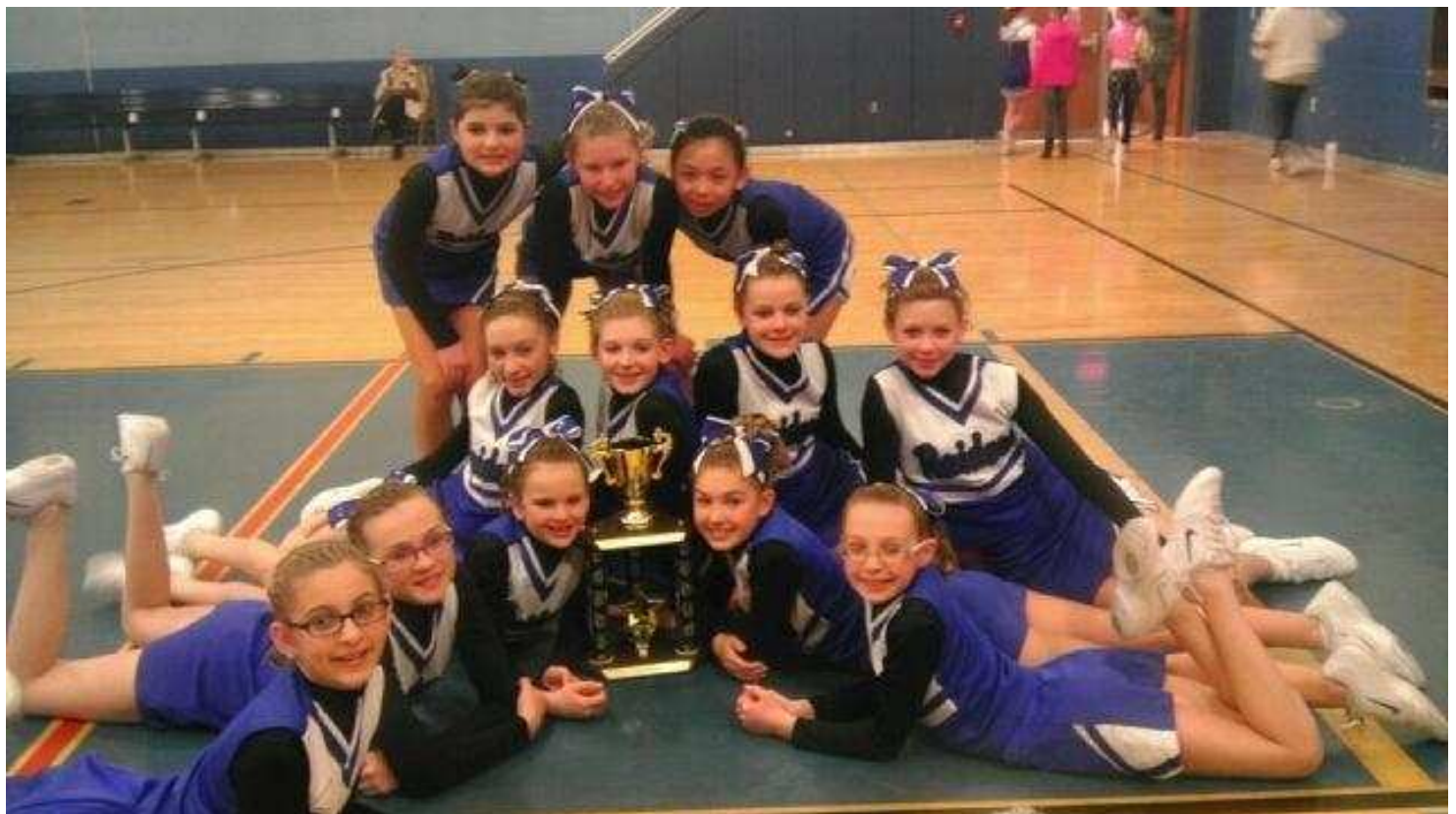
Sarah Park



Evan Meyer

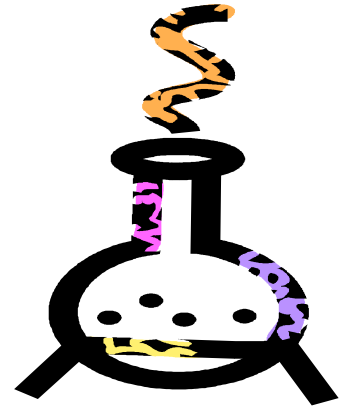
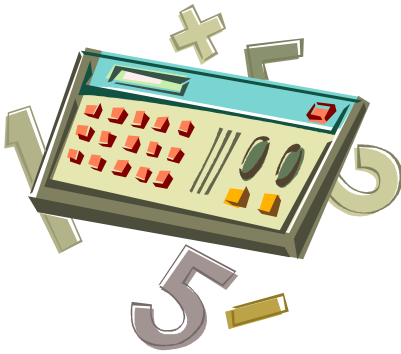


Cheerleaders Earn Runner-Up Honors in Cheer Competition



Math and Science Night/Beacon Family Night

W. D. Richards Elementary School



FAMILY NIGHT

Celebrating Math and Science

Wednesday, March 13, 2013

6:00 - 7:30 PM

- A night of family fun
- Teams must have at least 1 adult and 1 child
- Games will be adapted for all ages
- When your game card is complete it will be entered in a drawing for prizes
- Every Richards student will walk away with a prize

Mark your calendar for this family event!

From the library:

There are many great resources available from the Richards Library catalog!

Log into the BCSC webpage: <http://www.bcsc.k12.in.us>

Pull down from Select a School: WD Richards Elementary

Select Library from the tabs across the top

Click on Library Catalog System

Select WD Richards again

You should be seeing the HOME tab in the Destiny library program



Click on the link below to go directly there.

[http://destiny.bcsc.k12.in.us/common/servlet/presenthomeform.do?
l2m=Home&tm=Home&l2m=Home](http://destiny.bcsc.k12.in.us/common/servlet/presenthomeform.do?l2m=Home&tm=Home&l2m=Home)

Click on NetTrekker. The login is: Richards1, the password is: raiders. This is a great web search program with teacher approved websites in the elementary/young adult reading levels.

Click on WebPath Express: No login or password is needed. This is a wonderful web search program also designed for children/young adults to use.

Click on World Book Encyclopedia: User ID is: bcscworldbook, the password is: allabouta2z. This is set up in three reading levels for you to use.

Click on AR/Home Connect: This site provides you with a snapshot of your child's AR record. It includes the result of AR Quizzes taken at school, the number of quizzes taken, the titles of the books they have read and quizzed on. Use the same user name & password that your child uses to log in for quizzes at school.

user name: last two digits of graduation year + last name + first initial

password: 6 digit student ID. This is the same ID number used for many other things in the corporation.



Attention!!

The **Green Team** is once again having a **paper drive** April 1st – April 24th. So tell your parents or guardians to save all of your paper and bring it to school in April. With all the paper we get, we raise money. We receive money per *ton*. *If we get over 4 tons, we get double the money!*

The **Green Team** is also going having a fun game and cool prizes during the Family Night on Wednesday, March 13!! Be sure to stop by our booth! Hope to see you there for the Family Fun night AND the **PAPER DRIVE**, Raiders!!

A Big Thank You From Mr. Martin

Thanks to everyone who participated in the Hoop Shoot Mania Fundraiser. The proceeds from your efforts will be used to build the walking track around the playground. The track is scheduled to be completed this summer. We hope everyone will come out and start walking!



Teacher Honored

W. D. Richards fourth grade teacher Mrs. Milly Harden was awarded the Edna V. Folger Outstanding Teacher Award. She is shown here with her husband and daughter.

Congratulations Mrs. Harden!





From the nurse:

Please remember that all medications **MUST** be brought to school by an adult and a permission form on file. This includes pills, liquids, eye/ear drops, and ointments. Indiana law also requires a written order by a doctor for prescription medication to be given at school. Cough drops are **NOT** permitted at school. Please keep your child home if they are experiencing the following symptoms: temperature of 100 degrees or more, inflamed eye with drainage, persistent cough, severe pain, vomiting and/or diarrhea, open draining sores, and lice. If your child has a fever (temp >100), they must be fever free **WITHOUT** medication for 24 hours before they return to school.

Please report any communicable condition to the nurse. This includes: strep throat, impetigo, conjunctivitis (pink eye), fifth's disease, chicken pox, etc. A current phone number must be on file so that you may be reached if your child becomes ill or injured.

Please monitor your child's use of cologne, perfume, and other fragrances. Strong fragrances are not recommended for the school setting as they may cause some students to have difficulty breathing. This includes hand lotions and scented hand sanitizer.

All students must participate in outdoor recess and gym unless a doctor's statement is on file.

Please contact the nurse if you need further information.

Music News:

Congratulations to our talented singers ***Kara Peetz, Christina Soto, and Luke Harpring*** on an excellent performance of the Star-Spangled Banner at the first basketball tournament game in February. Thank you for sharing your talents!



Attention talented students of all ages! The Spring Talent Show will be held on Friday, April 26 at 6:00 pm in the Richards gymnasium. We are currently seeking talented students to participate. Auditions will be held in the music room on Tuesday, April 9 for grades K-3 and Thursday, April 11 for grades 4-6. All students who want to perform in the talent show **MUST** audition! If you are interested in auditioning, please pick up a permission slip from Mrs. Lueken in the music room.

Parents and guardians of Richards students are welcome to schedule a parent-teacher conference with Mrs. Lueken if they wish to discuss their child's progress in music class. Please contact Mrs. Lueken at luekenm@bcsc.k12.in.us to schedule a conference if you are interested.

KIDS AND CAFFEINE

**Nancy Millsbaugh, RD,CD,
BCSC Food Service Director**

Caffeine in foods & drinks has been used for hundreds of years. Caffeine is found naturally in tea leaves, coffee beans, cacao and cola nuts. Caffeine acts as a stimulant and can cause your heart to beat faster, your breathing to quicken, and acts as a diuretic causing the body to urinate more often than normal. Excess caffeine can make you feel nervous, jumpy & can effect concentration and sleep patterns. Because of their smaller body size, children are more susceptible to these effects than adults. Caffeine is not a nutrient like calcium, so you do not need it to stay healthy.

Soft drinks and tea can be a significant source of caffeine for children. 75% of soft drinks in the U.S. contain caffeine. Children today drink twice as much soda as they did 20 years ago. Soda is effecting the amount of calcium children receive. In general, the more soda they drink, the less milk they drink and the less calcium they take in. In addition, the phosphoric acid that causes carbonation in soft driks hinders the absorption of calcium.

SOURCES OF CAFFEINE TO COMPARE:

SOURCE:	AMOUNT:	MG OF CAFFEINE:
Brewed, drip coffee	5 oz.	115 mg
Mt. Dew	12 oz.	55mg
Diet Coke	12 oz.	45mg
Coke	12 oz.	34mg
Pepsi	12 oz.	34mg
Sprite	12 oz.	0mg
7 up	12oz.	0mg
iced tea	12 oz.	7mg
Chocolate milk	8oz.	5mg.
Hot Chocolate	5oz.	4mg

Source: USFDA

Most pediatricians discourage caffeine consumption in kids. Listed below are some tips to help limit caffeine effects on your child:

- Limit soda consumption to parties or special occasions only.
- Choose lower caffeine or caffeine free foods or drinks when possible.
- Make sure soda is not a regular substitute for milk or other calcium sources.
- Avoid the “added caffeine” energy drinks.



RECIPE: ISLAND BLAST SMOOTHIE

1 med. Ripe banana	Break banana into small pieces and put in
1 (6 oz) can of Pineapple Juice	blender with rest of ingredients. Secure
18 strawberries	lid and blend until smooth. Pour into
1/4c. reduced fat milk	glasses and serve immediately.
1 teaspoon honey	
1/2c. ice cubes	

Student Council News



Dollar Days Week was a huge success! Together we raised over \$650 to help toward the cost of the Bradford Woods trip the 6th grade takes in late May. This is a wonderful experience and team building time for this group. Thank you for your help and support!

Save the date: Week of April 8th- Penny Wars- Relay for Life week

NO MARCH MEETING- enjoy your Spring Break! Next Meeting: April 25th 7:30am room 114

Thanks for all your support!

Book Buddies

We are in need of volunteers at Richards to read with 2nd and 3rd grade students one day a week from 11:30-12:30.

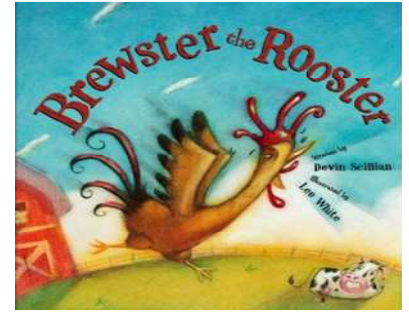
If interested, please contact Emily Lambrecht by calling 376-4311 ext 1403 or by email

lambrecht@bcsc.k12.in.us



An hour a week can change a life forever!

Starting With Chapter One



MARCH Schedule:

BREWSTER THE ROOSTER by Devin Scillian
(Permission by Sleeping Bear Press)

Read by: Chuck Kime, Executive Director of Foundation For Youth
Parenting Tips by Lori Erfmeier, BCSC PreK Parent/Child Specialist.

Airing every day on the BCSC Cable Channel 3 at
7:00 a.m., 7:30 a.m., 11:30 a.m., 1:30 p.m., 3:30 p.m.,
5:30 p.m., and 7:30 p.m.

Provided by Bartholomew Consolidated School Corporation's Title I Program and
the TV Production Classes at Columbus East High School

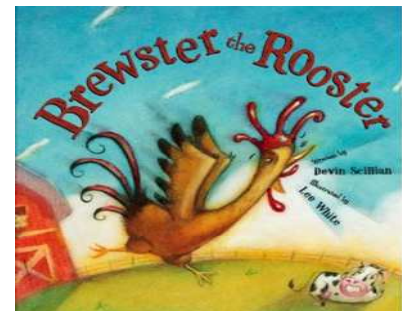
¡Chapter One está de regreso!

Calendario de Marzo:

BREWSTER THE ROOSTER by Devin Scillian
(Permission by Sleeping Bear Press)

Leído por: Chuck Kime, Executive Director at
Foundation For Youth

*Consejos para padres de Lori Erfmeier, BCSC
PreK Parent/Child Specialist.*



Transmitido todos los días en el canal de cable 3 de BCSC
7:00 am, 7:30 am, 11:30 am, 1:30 pm, 3:30 pm,
5:30 p.m. y 7:30 p.m.



Pre-Kindergarten pathways

2013-14 Registration

NO
Reservation
Fee!

2-Way
Transportation
Provided to
ALL Students!

Breakfast &
Lunch
Served!

Dear Parents/Guardians,

If your child will be 4-years-old **ON or BEFORE August 1st, 2013** (born on or before 8-1-09), make sure you **SAVE the DATE!** Starting March 11th, 2013 BCSC will continue pre-kindergarten registrations at your child's "neighborhood" school. See below for more information:

*Pre-K Registration Dates	Times
Monday, March 11, 2013	6-7 pm
Tuesday, March 12	9 am-2pm
Wednesday, March 13	9 am -2pm
Thursday, March 14	9 am-2pm
Friday, March 15	9 am-2pm

(Registration offered at each of the following schools during the dates and times provided above: City Creek, Mt. Healthy, Parkside, Richards, Rockcreek, Schmitt, Smith, Southside & Taylorsville.)

Please bring the following **Registration Requirements:**

1. Proof of Residence (rental receipt, gas, electric or water bill, lease agreement, mortgage, etc.)
Cannot accept cable/phone bills!
2. Child's Birth Certificate
3. Updated Immunization Records
4. 2012 W 2's or Month's worth of pay stubs (2011/12 Tax Forms)

THANK YOU for taking the time to enroll your child in a Pre-K program! To meet the educational needs of your student, the number of students in each Pre-K class will be limited. To ensure your placement in Pre-K, please enroll your child during the dates listed. If you have any family or friends that have an "age eligible" child for Pre-K, please share this information with them.

Title I



This Federally-funded four-half-days-a-week program (*Monday-Thursday*), based on academic need, is available at all neighborhood elementary schools.

The cost ranges from \$4 to \$12 per week. Breakfast, lunch, transportation (including mid-day) and before and after school care is available. Before and after school care would be an additional charge. Capacity is 30 students per school, so apply early.

Busy Bees



Busy Bees is available at R.L. Johnson Education Center & CSA-Fodrea Elementary School. This four-day-a-week (*Monday-Thursday*) program is available in half-day or full-day configurations. Mt. Healthy Elementary School & Rockcreek Elementary School offer half-day only.

The half-day fee is \$45 per week and the full-day fee is \$90 per week. Breakfast, lunch, transportation (including mid-day) & before and after school care is available. Before and after school care would be an additional charge. A limited number of scholarships will be funded.



March 2013

W.D. Richards Website:
www.bcssc.k12.in.us/richards

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3 PBIS Focus: Hallway Procedures	4 ISTEP Testing (Grades 3-6)	5 ISTEP Testing (Grades 3-6) Athletic Awards Banquet 6:30 p.m.	6 ISTEP Testing (Grades 3-6) PTO Market Day Pick up 5:00-6:00 pm	7 ISTEP Testing (Grades 3-6)	8 ISTEP Testing (Grades 3-6)	9
10 PBIS Focus: Cafeteria Procedures	11 Kindergarten and Pre K Registration 6:30 p.m. PTO Skating Party 6:00 -8:00 p.m.	12 IREAD Testing (Grade 3)	13 Math/Science Family Night 6:00-7:30 p.m.	14 Spring Pictures Absolutely Incredible Kid Day	15 Third Nine Weeks Ends Grade 4 Fieldtrip (State Museum) Grade 5 and 6 Guest Speaker Grade 1 Guest Speaker	16
17 PBIS Focus: Restroom Procedures	18	19	20 Spring Break	21	22	23
24 PBIS Focus: Playground Procedures	25 Snow Make Up Day #5 No School Today (as of 3/1)	26 Snow Make Up Day #4 No School Today (as of 3/1)	27 Snow Make Up Day #3 No School Today (as of 3/1)	28 Snow Make Up Day #3 No School Today (as of 3/1)	29 Snow Make Up Day #1 SCHOOL RESUMES TODAY!	30

